



THE E.WEFOUNDATION

A GLOBAL NETWORK FOR FAMILIES AND PROFESSIONALS

YOUTH MENTAL HEALTH FIRST AID TRAINING

Help Youth. Save Lives. Start Today.



Course Options

- Virtual: 2-hr online module + 5.5-hr live Zoom
- Blended In-Person: 2-hr online module + 5-hr in-person

Who Should Attend

- Parents
- Caregivers
- Educators
- Faith Leaders
- Community Advocates

Powered by Partnership

This course is developed by Mental Health First Aid USA in collaboration with:

- National Council for Mental Wellbeing
- Maryland Department of Health and Mental Hygiene
- Missouri Department of Mental Health
- Georgetown University Center for Child and Human Development

Overview

Adolescents—especially those living with rare and chronic illnesses, and their siblings—often face unique emotional and mental health challenges. YOU can be the difference in their journey.

Why Get Certified

- Recognize early warning signs of mental health challenges
- Respond effectively to youth in crisis or distress
- Build empathy and reduce stigma
- Strengthen community connections across schools, families, and healthcare
- Gain 6 CEUs and a nationally recognized certification (valid for 3 years)

Course Value: \$170 per person

Register Today: www.theewefoundation.org/YMHFA